

THIS WEEK AT COMMON CROW TO GO

STAY TUNED! FULL MENU AVAILABLE JULY 25

STILL TO COME: ORGANIC SMOOTHIES, WHEATGRASS JUICE AND BURRITOS

ORGANIC SOUPS

ORGANIC SOUPS 2.99 / 5.50

VEGETARIAN AND MEAT CHOICES EVERY DAY

Made from scratch with our own stock. Carefully crafted from organic produce, organic chicken and New England grass fed beef to be truly nourishing and delicious. See the daily selection on the chalkboard.

COLD WRAPS & SANDWICHES

All our sandwiches come with a side of our deli salad of the day. **Gluten Free? UDI'S** Gluten free bread and **Food For Life** rice wraps available for any 'wich.

SIMPLE SALAD SANDWICH 8.00

Your choice on Whole Wheat Bread with Organic Lettuce Tomato & Onion

- Organic Chicken Salad of the Day
- Tofu Salad
- Albacore Tuna

add cheese + 1.00

LOCAL LOBSTER ROLL 14.00

Fresh Gloucester lobster dressed lightly with canola mayo, scallions, celery, pepper and smoked paprika on a grilled organic hot dog roll.

Don't want bread? lobster on a house salad 16.00

HOT-PRESSED SANDWICHES

SWEET TURKEY PRESS 8.00

Applegate all natural turkey breast dressed with organic raspberry preserves and melted provolone on A&J King foccacia.

MUFFALETTA 8.50

A melty mess of Applegate ham & salami, provolone cheese and Crow-made olive mash on toasted A & J King foccacia

VEGGIE MUFFALETTA 8.50

Fresh Vermont mozzarella melted with Crow-made olive mash on toasted A&J King foccacia with tomato, mixed greens and herbed balsamic vinegar.

GRILLED PORTOBELLO BLISS 8.00

Giant organic portobello mushroom grilled to perfection with organic roasted red peppers, mozzarella cheese or Daiya vegan mozzarella cheese on toasted A&J King foccacia with tomato and greens.

THE DAILY ROAST

Each day we serve our own braised, pulled or roasted organic or local family farmed beef, lamb, chicken, pork in our salads, sandwiches and entrees.

ORGANIC GREENS & GRAINS

GREEN GREEK SALAD 8.00

Mixed greens, tomato, onion, Kalamata olives, pepperoncini, our own croutons, feta and crow-made tzaziki sauce.

BEACHCOMBER 8.00

Mixed greens, seasonal berries, raw sunflower seeds, goat cheese crumbles and papaya poppyseed dressing.

TRI-SALAD SAMPLER 9.50

Mixed greens, tomato and sprouts topped with your choice of three salads scooped from the deli case.

IN THE DELI CASE 8.99/LB

Couscous with Balsamic
Grilled Summer Vegetables (V)

Organic Sour Cream Potato Salad
With Local Garlic Scapes (D)

Citrus Confetti Quinoa Salad (V)

Today's Organic Chicken Salad

Sesame Seaweed Salad (V)

Grilled Summer Vegetables (V)

Italian Lentils with Feta (D)

Carrot Dill & White Beans (V,G)

Tuna Salad (sustainably harvested)

Tofu Salad

ORGANIC SMOOTHIES

COMING SOON!

DESSERTS & PASTRIES

MUFFINS BROWNIES SCONES
COOKIES COFFEE CAKE CAKES
ORGANIC WHOOPIE PIES!

Gluten free, vegan and just plain yummy things from our partner local Bakeries:

NASHOBA BROOK
W. CONCORD MA

A & J KING
SALEM MA

KIM'S ORGANIC
BEVERLY MA

BLUE EGG
NEWBURYPORT, MA

BEVERAGES

ASSORTED ORGANIC JUICES AND SODAS

SPINDRIFT SODA MADE IN MASS 2.75

ORGANIC ICED COFFEE 2.00 / 3.25
VERMONT ORGANIC & FAIR TRADE

ORGANIC CROW BREW ICED TEA 2.00
HERBAL, BLACK AND GREEN
FEATURING RISHI FAIR TRADE TEAS

DO YOU HAVE A FOOD ALLERGY? BE SURE TO LET US KNOW.

MONDAY - SATURDAY 10 TO 3 CLOSED SUNDAY TEL: 978 283-4077

natural & organic fast food

CORNER OF ELM & MAIN
DOWNTOWN GLOUCESTER MA

**common
crow**

